



## Skeptical “Sex”

### Gather:

*What is the goal of small groups? They are designed to equip you to daily, walk closer with Jesus, and to allow the Holy Spirit to work in you and through you to love and serve people well. Ask the following questions to see how it's going.*

- How am I doing loving the people God has given me to love over this past week?
- Why is God so good?
- What is something new that God has revealed to me this week about himself or myself?

### Change:

- Think back to the message and share what theme, verse, or point stuck out the most? Why? \*\*\*Remember to bring your Update from the weekend to refresh your memory.
- Big Idea: A surrendered sex life is the best sex life.
- Many people make assumptions about what God teaches about sex and sexuality. What are some of the assumptions you've held (or heard)?
- We talked about three views of sex that most of us have encountered. Discuss how each of these views have influenced your views on sex?
  1. Sex is appetite – It's simply a natural appetite we have. We can separate the body and soul. Or there is no soul, so do whatever you want with the body.
  2. Sex is god – Our sexuality and sensuality define us. It's why we invest so much time, energy, and money to project the sexy or handsome image we want.
  3. Sex is bad – Maybe you heard growing up in a church, “sex is bad, dirty, and shameful, so save it for your wedding day.”
- What are your thoughts on the statement “sex is a gift from God?” Do you believe that, do you live that out, why or why not?
- Read 1 Corinthians 6:12-20 and discuss the four previous statements about sex through this context. What is true? What is not true? What is the evidence around you say?
- It is easy to think that our sexuality is our identity. What radical claim does God make about our identity in Ephesians 1:4-6? How can that change how someone feels about their sex life, lack of sex life, or sexuality?
- Sex does an incredible amount of good or an incredible amount of harm in our culture and our lives. How do you think a surrendered sex life creates the best sex life?

- What else has God put on your heart to share with the group? (Marriage, kids, work, temptations, struggles, prayer requests, or something you heard in the message)

**Serve:**

- This semester we want you to make it a priority to Love God and to Love others. We are asking you to commit to two things. #1 Apply the bible study methods you practice in small group during the rest of the week. INVEST in your relationship with God. #2 Get involved as a group and have an impact on this city! You will notice that we are highlighting and partnering with a few local organizations that are doing amazing things in Gainesville. If you don't already have people and places to impact in mind, join up with one of our Shift partners. We want to challenge you to spend at least one day/group time per month serving and loving those around you, and making a real impact on this city, all for the sake of the gospel. BY ALL POSSIBLE MEANS!
- Mark Clark, *The Problem of God: Answering A Skeptic's Challenge to Christianity* (Zondervan, 2017) Ch. 1
- Charles Darwin to W. Graham, July 3, 1881, in *The Life and Letters of Charles Darwin*, ed. Francis Darwin (1897; reprint, Boston: Elibron, 2005), 1:285.
- Lee Strobel, *The Case for a Creator: A Journalist Investigates Scientific Evidence That Points Towards God* (Grand Rapids: Zondervan, 2004), 70.
- Stephen Jay Gould, *Rocks of Ages: Science and Religion in the Fullness of Life* (New York: Ballantine, 1999), 195