



Stay Positive “Kindess”

Announcements:

- **S.O.A.P. (Scripture, Observation, Application, and Prayer)** – Are you taking the S.O.A.P. challenge for our Stay Positive series? Click [HERE](#) for more information on how to S.O.A.P. with us through the new series.
- **Growth Track - stepONE – Follow – Sunday, 12pm** – Learn the spiritual journey that God has for each of us: to follow Jesus. Step One happens the first Sunday of every month.

God has an incredible purpose for your life, and the Shift Growth Track is designed to help you connect with that purpose. On the growth track, you will spend four Sundays diving into what it looks like to *follow* Jesus, *connect* to the Church, *discover* your purpose and then *make a difference* with your life.

Change:

- Think back to the message and share what theme, verse, or point stuck out the most? Why? ***Remember to bring your Update from the weekend to refresh your memory.
- When you hear the word kindness what do you think of? Give a few examples.
- Read Titus 3:4-5. Did you know kindness was part of God’s character? How do you see kindness in the things God does?
- Read Ephesians 4:31-32. In that list of things to get rid of what do you struggle with? Paul goes on to talk about how we should be with each other. Which of these are most difficult for you?
- Brad broke it down into 3 points. The first was **Be Kind**. How can you show kindness to the people around you this week? (Real examples...not fluffy Sunday School answers)
- The next point is **Be Tenderhearted**. Our culture can be very coarse. How does it try to make you hardhearted? How can we guard our hearts so we can be tenderhearted?
- Lastly we discussed **Be Forgiving**. Brad pointed out the letter says not to just forgive but to forgive like Jesus forgave us. How did he forgive us and what are the implications of that.
- What else has God put on your heart to share with the group? This can be about this week’s teaching or anything else going on in your life. Now is the time to share with those who care about you and love you.