



My Big Fat Mouth “Lying”

Look Back – Care, Praise, Loving Accountability, Vision – 20 mins This is a time to see how everyone’s week was. Were they successful in the previous week’s goals? Were they unsuccessful? It’s also a time to pour vision into your group. Give them the why behind things we are doing church wide. **ENCOURAGE YOUR SMALL GROUPS TO SERVE AT FAMILY FEST!!!** People wanting to serve should sign up by clicking this link: <https://shift-church.ccbchurch.com/goto/forms/58/responses/new>

- How did it go last week?
- How did your parents teach you about lying as a kid? What are some of the things they said?
- How often do you think you lie, as if they’re just “little fabrications”?

Look Up – What does the Bible say? Practice – 20 mins

- What are the typical reasons you’re tempted to lie?
- Read Ephesians 4:21-25 (Paul is speaking to followers of Jesus in the city of Ephesus, THE city in western Asia Minor, located in present day Turkey. He’s writing, not to combat a specific heresy or error but to expand the horizons of his readers so that they might have a better grasp of His grace and the high goals God has for his church) Why do you think being “parts of the same body” and not lying go together?

Choose a question to create openness.

- Share about a time you got caught in a lie. What happened? How did you feel?
- Pastor Joe said most of us lie when we don’t completely trust God. How do you see this in your life?
- What do you need to get honest about? Share what you can with your small group or with a few people you’re closest to.

Look Forward – Set Goals (For Accountability), Commission and Pray – 20 mins

In light of what the Bibles says, what are you going to do this next week?

Commit to a step and live it out this week.

- If you couldn’t share something with the group, find the right person to open up to this week.