



My Big Fat Mouth “Gossip”

Look Back – Care, Praise, Loving Accountability, Vision – 20 mins This is a time to see how everyone’s week was. Were they successful in the previous week’s goals? Were they unsuccessful? It’s also a time to pour vision into your group. Give them the why behind things we are doing church wide. **ENCOURAGE YOUR SMALL GROUPS TO SERVE AT FAMILY FEST!!!** People wanting to serve should sign up by clicking this link: <https://shift-church.ccbchurch.com/goto/forms/58/responses/new>

- How did it go last week?
- How would you define gossip?
- What has stuck with you from Abby’s message?
- Why do you think you gossip? What are you looking to get out of it?
- What are some of the ways gossip harms relationships?

Look Up – What does the Bible say? Practice – 20 mins

- Share about a time you caught yourself gossiping. How did it feel? Did you do something to stop it?
- *Read the following passages and discuss. What does living this out look like in our current culture? A gossip goes around telling secrets, so don’t hang around with chatters.* Proverbs 20:19 NLT *Watch your tongue and keep your mouth shut, and you will stay out of trouble.* Proverbs 21:23 NLT

Choose a question to create openness.

- Abby talked pointed out a few things about gossip we may not have thought of before: 1. Gossip hurts the person it’s spoken about, the listener, and the speaker. 2. Guard your ears by asking, “Have you spoken with _____ about this?” 3. Close your mouth by asking, “Would I want someone to say the same thing about me?” Which of these resonates with you the most? Why? Which one do you have the most difficulty with? Why?
- Abby wrapped up with this quote from Craig Groeschel “Gossip claims, ‘I’m strong because they’re weak.’ The Gospel admits ‘I am weak but He is strong.’” What step do you need to take to fight gossip with the Gospel?

Look Forward – Set Goals (For Accountability), Commission and Pray – 20 mins

In light of what the Bibles says, what are you going to do this next week?

Commit to a step and live it out this week.

- Fill in the blank, and set a reminder on your phone or somewhere you'll remember. I'm going to get caught encouraging _____ this week.
- Is there anyone you've hurt with gossip? How will you make it right?