



## Pray First A Lifestyle of Prayer

**Look Back** – Care, Praise, Loving Accountability, Vision – 20 mins This is a time to see how everyone’s week was. Were they successful in the previous week’s goals? Were they unsuccessful? It’s also a time to pour vision into your group. Give them the why behind things we are doing church wide. **Make sure to have your update outline with you so you can reference different points from the sermon.**

- How did everyone do last week with prayer being our first response and not our last resort? (**Be ready to share first to get it going**)

**Look Up** – What does the Bible say? Practice – 20 mins

- Read John 15:4-5. What are the implications of this verse? (**He’s the reason for fruit in our lives, we don’t produce outside of him, He’s our source, takes pressure off of us to perform, etc.**)
- **Make prayer a PRIORITY.** Pastor Brad used Daniel (ch. 6:10) as an example of prayer being a priority. How did consistently making prayer a priority help Daniel when trials came? How can you plan to make it a priority today?
- **Set a PLACE of prayer.** Mark 1:35 tells us that Jesus went to a deserted place to pray? Why? What’s significant about that? Does anyone have a place already? Write down where your place can be right now.
- **Act on a PLAN of prayer.** It’s been said that if you don’t have a plan in place then you’re planning to fail. The disciples felt this and that’s why they asked Jesus to show them. Do you already have a plan in place? If not then text **Pray First** to 352-877-2707 and we will send you one. (**Encourage your group to do it before they leave if they don’t have a current plan**)
- **Know the PERSONS of prayer.** Paul about this to the Corinth church (2 Corinthians 13:14) How does knowing who we are praying to affect our prayers? These are incredibly encouraging pictures of our God. How does seeing God in this light change how we pray? Did any of the attributes of Father, Son, Holy Spirit stand out to you or really resonate with you?

**Look Forward** – Set Goals (For Accountability), Commission and Pray – 20 mins

Commit to a step and live it out this week.

- If you don’t have these 4 steps currently in place commit to putting them into action this week. Have your group hold you accountable and encourage you to keep pushing!
- Continue to pray through Jesus’ prayer (Matthew 6:9-13) every day this week.